

21 Days of Gratitude

1. Name 3 ways your partner met your needs today.
2. Name 3 character traits you admire about your partner.
3. What did your partner do that helped you feel appreciated today?
4. How did your partner make you feel loved today?
5. What happily surprised you today with your partner?
6. You truly enjoyed _____ with your partner today.
7. What made you feel special/loved by your partner today?
8. What did you or have you learned from your partner?
9. How has your partner made things easy for you lately?
10. What do you want to recognize your partner for today?
11. How did your partner bring you joy today or in the past week?
12. How does your partner fill your heart?
13. How did your partner light you up today?
14. What strengths do you admire about your partner?
15. What is something sexy your partner does that your love?
16. How is your partner enough for you?
17. How did your partner show they appreciate you today?
18. What are 3 reasons you cannot live without your partner?
19. What do you want to thank your partner for today?
20. What are you grateful for that your partner has taught you?